

Italy & United Kingdom: Whole Program

Summer 2024

Visit <http://meredith.edu/oip> for Study Abroad 101, Study Abroad Advising, and Funding Workshops.

Application Deadline

Early Decision applications accepted until **December 1, 2023**. Apply early decision for study abroad or study abroad *and* scholarships and receive a decision by mid-January 2024. Regular Decision program applications accepted until **February 15, 2024**. Click "[Apply to Study Abroad](#)" to begin your application. *Note: The application process for this program requires an academic interview.*

Dates

June 6 - August 4, 2024

Combine the Italian Life & Culture and United Kingdom programs to earn up to 12 credits in one summer!

Location

Part 1: Italy

Live in the heart of Tuscany at Meredith's Italian palazzo in Sansepolcro, Italy! Group excursions include Anghiari, Arezzo, Assisi, an overnight trip to Florence, and a multi-day exploration of Rome. Includes an independent travel weekend.

Part 2: United Kingdom

Based in the heart of London in beautiful Regents Park, this program includes day trips to Brighton, Hampton Court, the Houses of Parliament, Westminster Abbey, and St. Paul's Cathedral. Includes an independent travel weekend.

Courses: 12 credits required

Italy Courses: 6 credits

IDS 300: Italian Arts, Artifacts, & Culture (3 credits, required)

Fulfills Arts and Aesthetics *or* Cultural Elective requirement, Global Perspectives requirement

This course is an introduction to the culture and social life of peoples in continental Europe based upon a study of their arts and artifacts. Students will develop independent travel skills,

reflect on the culture through journaling, and visit a multitude of important historical and cultural sites.

HED 400: Influences and Evolution of Global Health (3 credits, required)

Fulfills requirements for HESS and Public Health majors, Global Perspectives, 1 credit towards Health and Physical Learning.

Did you know the life expectancy for women in Italy is approximately 9-years longer than that in the United States? And that their healthcare system is ranked as one of the highest in the world? This course will address specific health issues that reach beyond our borders and will examine the impact and influences of communities in global health. The course will focus on three components of world health including health disparities, nutrition, and communicable and non-communicable diseases. Students will consider these components from historical, social, cultural, political, and economic perspectives.

UK Courses: 6 credits

IDS 301: Arts, Artifacts, & Culture - UK (3 credits, required)

Fulfills Arts and Aesthetics *or* Cultural Elective requirement, Global Perspectives requirement

This course provides an introduction to the culture and social mores of the peoples in the UK based on a study of their arts and artifacts. Principle assignment is an in-depth photo travel journal.

POL 203: American Public Policy (3 credits)

Fulfills Ethical Perspectives, U.S. Perspectives, Social/Behavioral Sciences, requirement for all Political Science and Public Health majors, elective for many other majors.

This course examines how public policy is made and how it is evaluated by real policy analysts. We will compare American and British public policy, and also discuss the ethical implications of various policy choices.

ENG 200: Critical Reading & Writing: Personal Narrative & Memoir (3 credits)

General Education Requirement

This course examines the art and craft of personal writing (writing about one's self and experiences) through the reading, analysis, and discussion of memoirs and autobiographical essays from around the world. Students will explore intersections between self and society and fact and fiction as they read and write personal narratives in both traditional and experimental forms. Pre-requisite: ENG 111

Faculty

Program Directors

Italy: Ms. Elizabeth Yaros, '06, yaroseli@meredith.edu

UK: Professor Cathy Rodgers, '76, rodgersc@meredith.edu

Teaching Faculty

Italy: Professor Sharon Malley, malleys@meredith.edu and Dr. Erin Grady

UK: Dr. Whitney Manzo, wrmanzo@meredith.edu and Professor Ashley Hogan, hogana@meredith.edu

Program Overview

The program begins with four weeks in Sansepolcro, Italy. Nestled halfway between Florence and Rome, Sansepolcro offers students an authentic view into Italian life, art, and culture. Your classes will typically meet in the morning and early afternoon, leaving most of your evenings for academic field trips, study, and independent exploration of the town. Our excursions to picturesque and culturally-rich cities like Anghiari, Arezzo, and an overnight to Florence will help you hone travel skills, so that when it comes time to plan your own independent travel in Italy, you are ready! The goal is for the skills you learn this summer to empower and propel you into a lifetime of confident travel.

You'll then travel to London, where you'll reside in beautiful Regents Park. You will find an almost overwhelming variety of opportunities in theatre, music, dance, art, museums, and historic sites. Four weeks in London will not seem long enough for all the experiences you can have! One weekend break while in London allows you to travel independently! You can travel within Great Britain, enjoy day trips from London, or travel beyond the U.K. The options are almost endless!

Cost

\$11,450 includes:

- \$100 non-refundable application deposit
- Tuition for 12 Meredith College credits
- Accommodations in Italy and London
- Weekday breakfasts and lunches in Italy
- Meal card for London accommodations
- Academic excursions in Italy and the UK
- Oyster Card and £100 for transportation
- On-site support from Meredith faculty
- Pre-departure orientation and resources

Additional expenses include:

- Round-trip airfare: \$2,200
- Passport, if applicable + \$10 ETIAS visa: \$175
- International health insurance: \$165
- International cell phone plan: \$200
- Independent travel and personal spending money: \$2,000-5,000

Note: Includes a \$1,000 discount for participating in two programs. Estimates are based on previous student reports. Your spending habits may differ.

Scholarships and Financial Aid

Additional study abroad funding is available. Register for a Funding Workshop and access the scholarship application at <http://meredith.edu/oip>. **Early Decision scholarship deadline: December 1, 2023 (with study abroad application). Regular Decision scholarship deadline: February 15, 2024.**

COVID-19 Protocols

The Office of International Programs strongly recommends all program participants arrive vaccinated against COVID-19 and up to date with all recommended boosters. The OIP will continue to implement ongoing COVID-19 mitigation and response measures in faculty-led study abroad programs.

Meredith College Office of International Programs reserves the right to make changes to the program itinerary, program capacity limits, schedule, cost, academic program, etc., as necessary.