

Italy & United Kingdom: Whole Program

Summer 2023

Visit <http://meredith.edu/oip> for Study Abroad 101, Study Abroad Advising, and Funding Workshops.

Application Deadline

Early Decision applications accepted until **December 5, 2022**. Apply early decision for study abroad or study abroad *and* scholarships and receive a decision by mid-January 2023. Regular Decision program applications accepted until **February 15, 2023**. Click "[Apply to Study Abroad](#)" to begin your application. *Note: The application process for this program requires an academic interview.*

Dates

June 6 - August 4, 2023

Combine the Italian Life & Culture and United Kingdom programs to earn 13 credits in one summer!

Location

Part 1: Italy

Live in the heart of Tuscany at Meredith's Italian palazzo in Sansepolcro, Italy! This program includes active group excursions to surrounding towns as well as an e-biking adventure in the Tuscan countryside. An independent travel weekend within Italy is included in the schedule.

Part 2: United Kingdom

Based in the heart of London in beautiful Regents Park, this program includes day trips to Bath, Windsor Castle, the Houses of Parliament, and St. Paul's Cathedral. An independent travel weekend within the UK is included.

Courses: 13 credits required

Italy Courses: 7 credits

IDS 300: Italian Arts, Artifacts, & Culture (3 credits, required)

Fulfills Arts and Aesthetics *or* Cultural Elective requirement, Global Perspectives requirement

This course is an introduction to the culture and social life of peoples in continental Europe based upon a study of their arts and artifacts. Students will develop independent travel skills,

reflect on the culture through journaling, and visit a multitude of important historical and cultural sites.

HED 949: Global Leisure Pursuits (3 credits, required)

With PED 949, fulfills half of Gen. Ed. Health and Physical Learning (HPL) requirement, fulfills full ESS major HPL requirement

Introduction to the pursuit of leisure activities in developing personal wellness and appreciation of the surrounding community. Students will explore health concepts as a means to cultivate individual wellness balance abroad and back at home. Students will investigate leisure activities popular in the greater Sansepolcro area of Italy.

PED 949: Outdoor Leisure Pursuits Abroad (1 credit, required)

With HED 949, fulfills half of Gen. Ed. HPL requirement, fulfills full ESS major HPL requirement

Opportunities to develop participatory-level skills in various local pursuits. Activities include archery, bocce, folk dancing, geocaching, and learning how to flag toss from the Sansepolcro Flag-Wavers. Course will conclude with an e-bike trekking trip through the Tuscan countryside. Participants should have previous experience riding a bike.

UK Courses: 6 credits

IDS 301: Arts, Artifacts, & Culture - UK (3 credits, required)

Fulfills Arts and Aesthetics *or* Cultural Elective requirement, Global Perspectives requirement

This course provides an introduction to the culture and social mores of the peoples in the UK based on a study of their arts and artifacts. Principle assignment is an in-depth travel journal.

PSY 326: Health Psychology (3 credits)

Fulfills Social and Behavioral Science requirement, Ethical Reasoning requirement, Psychology major Clinical Psychology or elective course

This course is concerned with the interface between health and psychology, between behavior and wellness/illness. It looks at physiological and psychological functioning, and studies the interrelationship between mind, body and culture/environment. In the course we look at both US and world health issues and examine such topics as health behaviors, stress and coping, illness prevention, wellness promotion, public policy, and the biopsychosocial model and emphasizes a multi-disciplinary perspective. Pre-requisite: PSY 100.

ENG/THE 350: Modern Drama (3 credits)

Fulfills Arts and Aesthetics *or* Cultural Elective requirement, Writing Intensive requirement, English major global literature course, Theatre major requirement

A study of modern theatre from 1875 to the present, this course will look at the development of drama through playwrights and their works. The class will explore important 20th century plays and conclude with contemporary 21st century drama, focusing in particular on the British

theatre. Work will include substantial reading and writing, with viewing and reviewing of performances. Pre-requisite: ENG 200.

Faculty

Program Directors

Italy: Professor Callie DeBellis, debellis@meredith.edu

UK: Professor Cathy Rodgers, '76, rodgersc@meredith.edu

Teaching Faculty

Italy: Dr. Stephanie Little, littlest@meredith.edu

UK: Dr. Betty-Shannon Prevatt, '99, bprevatt@meredith.edu

UK: Professor Lormarev Jones, '05, lcjones@meredith.edu

Program Overview

The program begins with four weeks in Sansepolcro, Italy, a small Tuscan town about halfway between Florence and Rome. Nearby towns make great day trips and you will have a long independent travel weekend to explore somewhere in Italy you've always dreamed of visiting. Sansepolcro has a rich history of celebrating leisure activities and this program prepares students to appreciate the activity right along with the locals!

You'll then travel to London and make your home in beautiful Regents Park. You will find an almost overwhelming variety of opportunities in theatre, music, dance, art, museums, and historic sites, including a tour of Parliament. Four weeks in London will not seem long enough for all the experiences you can have!

Cost

\$10,900 includes:

- \$100 non-refundable application deposit
- Tuition for 13 Meredith College credits
- Accommodations in Italy and London
- Weekday breakfasts and lunches in Italy
- Meal card included in the UK
- Academic excursions
- On-site support from Meredith faculty
- Pre-departure orientation and resources

Additional expenses include:

- Round-trip airfare: \$1,800
- Passport, if applicable: \$165
- International health insurance: \$150
- International cell phone plan: \$200
- Independent travel and personal spending money: \$2,000-5,000

Note: Includes a discount for participating in two programs. Estimates are based on previous student reports. Your spending habits may differ.

Scholarships and Financial Aid

Additional study abroad funding is available. Register for a Funding Workshop and access the scholarship application at <http://meredith.edu/oip>. **Early Decision scholarship deadline: December 5, 2022 (with study abroad application). Regular Decision scholarship deadline: February 15, 2023.**

COVID-19 Vaccination

All study abroad participants are required to be up to date on vaccinations and boosters against COVID-19. This includes any future recommendations by the CDC and host countries.

Meredith College Office of International Programs reserves the right to make changes to the program itinerary, program capacity limits, schedule, cost, academic program, etc., as necessary.