

COVID-19 POSITIVE ISOLATION GUIDANCE

If you have tested positive, you need to stay home and isolate for 5 to 10 days.

GIVE SPACE TO PEOPLE YOU LIVE WITH AND **DO NOT** HOST VISITORS

Stay in a separate area and use a different bathroom if you can. (Students who are unable to go home will be assigned a space in Stringfield to isolate on campus).

WASH YOUR HANDS & SANITIZE

Wash your hands often, with soap and water, for 20 seconds each time you wash them. Clean all "High Touch" surfaces. Wipe down and sanitize shared spaces often.

ISOLATE

Students must be cleared to return by Student Health. Employees can contact HR with questions about returning to work.

WATCH YOURSELF FOR SYMPTOMS OF COVID-19

- Fever or chills
- Cough
- Shortness of breath or trouble breathing
- Tiredness
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



WHAT TO DO: STAY HOME, MASK, AND MONITOR

DAY 0

The date of your positive test or your first day of symptoms.

DAY 1

This is your first full day after your positive test or your symptoms start. Students should alert Student Health.

DAY 2

DAY 3

DAY 4

DAY 5

DAY 6

DAY 7

DAY 8

DAY 9

DAY 10

If you are up-to-date and you have no symptoms, Student Health **may** clear you to return to campus as soon as Day 6. Continue to wear a high quality mask for the remainder of the full 10-day period.

If you are not vaccinated or not up-to-date on vaccination, you must complete a full 10 days of isolation.

FEVER OR SYMPTOMS? Continue isolation.

NO FEVER? NO SYMPTOMS? Student Health will clear you to return to campus.